

HEALTH AND WELLNESS CENTER

The mission of the Health and Wellness Center (HWC) is to provide high quality, cost effective, medical and wellness services utilizing a holistic philosophy. Working in conjunction with other campus departments, the HWC utilizes a multidisciplinary approach to overall wellness in order to address a diverse student population and enable the student to attain their educational goals along with becoming partners in their own health care.

The HWC is committed to supporting the physical, mental, and emotional needs of students by adhering to the most recent evidence-based guidelines, while at the same time offering complementary services that enhance our medical model. Services at the HWC include nursing visits, physician visits, addiction counseling, massage therapy, free flu shots, STI testing, chiropractic, and acupuncture services.

During operating hours, registered nurses are on hand for immediate assessment of a student's needs. Physician appointments are also available for physicals, women's health, laboratory, and general illness.

Phone: 934-420-2009
Fax: 934-420-2137

Hours when classes are in session:
Monday, Wednesday, Thursday 8:30 a.m.-6:00 p.m. Tuesday 8:30 a.m.-7:30 p.m.
Friday 8:30 a.m.-4:30 p.m.

Student Immunization Policy

Farmingdale State College requires that all students who were born on or after January 1, 1957 to demonstrate proof of immunity to measles, mumps, and rubella. Additionally, all students must certify that they have already received immunization against meningococcal meningitis within the last five years or that they have received and reviewed the information provided by Farmingdale State College, understand the risks of meningococcal meningitis and the benefits of immunization, and have decided not to obtain the meningococcal vaccine.

A certificate of immunization (required to provide proof of immunity) includes documents such as a certificate from a health care provider, immunization registry record, cumulative health record from a previous school, migrant health record, immunization transfer record, military immunization record, immunization portion of a passport or an immunization record card signed by a health care provider. An immunization record may also show health care provider diagnosis of disease or laboratory evidence of immunity. Immunization records must be signed or stamped by a health care provider. Both of these requirements must be met PRIOR to registration for class.

Proof of immunity for the following diseases must be demonstrated by the means listed below.

MEASLES:

- Two doses of live measles vaccine. The first dose must have been received no more than 4 days prior to the first birthday and the second dose received at least 28 days after the first dose, or
- Physician diagnosis of disease, or
- Serologic evidence of immunity.

MUMPS

- One dose of live mumps vaccine received no more than 4 days prior to the first birthday, or
- Physician diagnosis of disease, or
- Serologic evidence of immunity.

RUBELLA:

- One dose of live rubella vaccine received no more than 4 days prior to the first birthday, OR
- Serologic evidence of immunity,

Please note: Clinical diagnosis of rubella disease is not acceptable as proof of immunity.

EXEMPTIONS FROM IMMUNIZATIONS

1. A medical exemption must be written by a physician, physician assistant, or nurse practitioner and state that a valid contraindication

to vaccination exists. The exemption must specify which immunizations are contraindicated and why.

2. A religious exemption is a written and signed statement from the student (parent or guardian of students less than 18 years of age) that he/she objects to immunization due to his/her religious beliefs.

PROCEDURES

Students must submit immunization records to the Health and Wellness Center in one of the following ways:

1. In person at the Health and Wellness Center
2. By mail to the Health and Wellness Center
3. By fax to the Health and Wellness Center (934) 420-2137
4. By email to wellness@farmingdale.edu

Please allow two business days for records to be processed prior to registering for classes.